

Level 4 International Mountain Safety Log Book

Name Date

Name of Route

Resort

Country

Map used

Guide Book used

Members of the party (names)

Brief description of route,
i.e. general aspect, slope angles, terrain features (valleys, open slopes, trees, guillies):

Elevation at start

Elevation at finish

Total height gain

Total descent

Overall distance

Time taken

Snow conditions for ascents

Snow conditions for descents

General assessments of avalanche risk over the course of the day

Avalanche category for the day: 1 2 3 4 5

Information from any pits dug

Notes on weather conditions